



INTERNATIONAL CONTENDER NATIONAL OPEN CHAMPIONSHIPS

July 13th – 15th 2011

Organised by the British Contender Association and the
Weymouth & Portland National Sailing Academy
and sailed under the burgee of Portland Castle sailing Club

SAILING INSTRUCTIONS

1 Rules

- 1.1 The regatta will be governed by the rules as defined in the *Racing rules of Sailing (2009 – 2012)* and the rules of the Contender Class Association except as modified by these sailing instructions .
The racing is designated category C for advertising
- 1.2 The Equipment Rules of Sailing and the International Contender Class rules will apply
- 1.3 Under rule 86.1 (b) the definition Zone the distance is changed to two hull lengths
- 1.4 If there is conflict between languages the English Text shall prevail

2 Notices to competitors

- 2.1 Notices to competitors will be posted on the Official Notice Board in the glass conservatory in the Events Hall

3 Changes to sailing instructions

Any change to the Sailing Instructions will be posted before 09.00hrs on the day it will take effect, except that any change to the schedule of races will be posted by 20.00hrs on the day before it will take effect. A change will be indicated by the display of flag `L` with the class flag on the club flag staff which is situated on the balcony outside the race office. Flag `L` will be lowered at the closure of protest time except that if the starting time of races for the following day is changed flag `L` will remain displayed together with flag T (Indicating time change) until at least 20.00hrs . Any change to these sailing instructions will be numbered and the number will be displayed below flag `L`.

4 Signals made ashore

- 4.1 Signals made ashore will be displayed on the flag pole. See SI 3.1

- 4.2 When `AP` is displayed ashore `1 minute` is replaced by `not less than 30 minutes` in the race signal `AP` if the racing area Portland Harbour is used , or `not less than 60 minutes` if race area is in Weymouth Bay .
- 4.3 Flag `P` displayed with class flag indicates race area Portland
Flag `W` displayed indicates race area Weymouth Bay.
- 4.4 Flag `Y` indicates personal flotation devices shall be worn at all times whilst afloat. This changes Part 4 preamble.
Neither a wet suit nor a dry suit alone constitute adequate personal buoyancy.
- 4.5 Boats shall not leave the slipways until flag `D` is displayed with the class flag and either flag `P` or Flag `W` .

5 Schedule of Races

- 5.1 The regatta will consist of a series of fleet races with no qualifying series
- 5.2 Two races will be sailed on 13th & 15th July and three on 14th July
- 5.3 The first warning signal each day will be at 11.55 hrs and the next race will follow as soon as possible after the previous race
- 5.4 There will be no start after 15.30 hrs on 15th July
- 5.5 One extra race may be sailed on any day should the planned schedule be affected by adverse weather conditions, either experienced or forecast. If an extra race is to be sailed flag `T` will be displayed on the Committee Boat prior to the warning signal for the second race.
- 5.6 After any delay to alert boats that a race will begin soon an Orange attention flag will be displayed with one sound signal for at least four minutes before a warning signal is displayed.

6 Class Flag

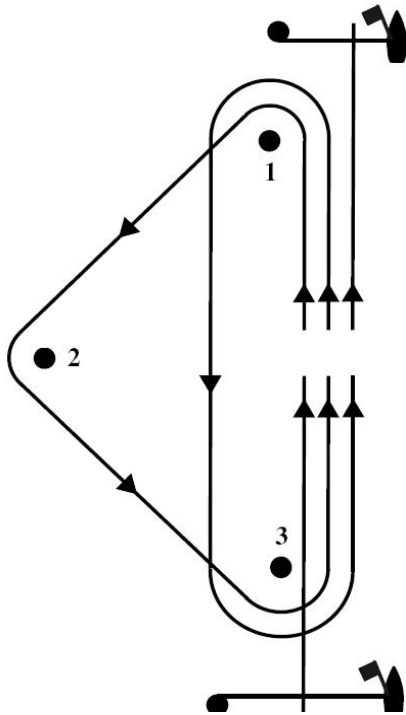
The class flag will be IC Flag `C`

7 Racing Areas

The Attachment shows a map of the racing area in Portland Harbour and Weymouth Bay. The precise position of the race area will depend upon local shipping movements and racing areas that may be in use by local sailing clubs. Also upon weather and sea conditions in Weymouth Bay. See SI 4.3

8 The Courses

- 8.1 **Course A** The diagram shows the course, including the order in which marks are to be passed and the side on which marks are to be left. *ie Start , 1p, 2p, 3p, 1p, 3p, finish line.*
- 8.2 **Course B** shall be the same as Course A with the addition of one extra triangle.
ie Start, 1p, 2p, 3p, 1p, 3p, 1p, 2p, 3p finish line



The courses show the approximate angles between legs , the order in which marks are to be passed , and the side on which each mark is to be left .

- 8.3 No later than the Warning Signal the race committee will display the approximate compass bearing of the first leg on a board on the port shrouds of the committee boat . The selected course will be displayed on a board on the starboard shrouds . The number of laps will also be displayed . A `Triangle` is a lap . A `Sausage` is a lap . The length of the course will be the number of laps plus the windward leg to a finish 100 metres to windward of Mark 1 See course diagrams .
- 8.4 Any changes to the course during racing will be made as required by RRS 33 by a committee vessel to leeward of mark 3 . Except that display of flag `C` when changing course shall indicate change of course and will not in such an instance be acting as the class flag .

9 Marks

- 9.3 Marks 1 , 2 & 3 will be 5ft Orange inflatable Jaffa buoys . An alternate Mark 1 in the event of a change of course will be a Black Jaffa buoy . . Should a further change of course be required this will be replaced with the original Orange Mark .
- 9.4 The Port hand finishing mark will be a dan buoy with an Orange flag . The Starboard hand finishing mark will be the mast or staff on a committee boat displaying an Orange and a Blue flag .
- 9.5 The Port hand Starting Mark will be a mast or staff displaying an Orange flag on a committee vessel . The Starboard hand starting mark will be the mast on the main committee boat displaying an Orange flag.

10 Areas that are obstructions

Only the Northern Entrance to Portland Harbour shall be used .

11 The Start

11.1 Races will be started using rule 26 with the Warning Signal made 5 minutes before the Starting Signal .

11.2A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing . This changes rules A4 & A5

11.3The starting line is defined in SI 9.2

11.4The Port end of the start line committee boat will display the following flag signals at the same time as those signals are displayed at the starboard end of the line on the main committee boat ;

Orange Attention signal , individual recall flag `X` , Postponement flag `AP` , First Substitute flag `General Recall` , Flag `N` abandonment , Flags `O` and `R` In respect of Rule 42 , The class warning signals and the Preparatory signal will also be displayed . In the event of any discrepancy in the timing of the display of these flags the time of display on the main (Starboard end) committee boat shall prevail .

12 Change of the next leg of the course

To change the next leg of the course the race committee will lay a new mark (or move the finishing line) see SI 9.1 as required by RRS 33 . and will remove the original mark as soon as practicable . Boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark.

13 The Finish

13.1The Finishing line will be approximately 100 metres to windward of Mark 1 , or to Port or Starboard of Mark 1 if a change of course has been signalled at Mark 3

13.2A race may be finished at any mark of the course.

14 Penalty System

14.1Appendix P of RRS will apply

- (a) When the average wind speed across the course exceeds 10 knots race committee may signal prior to the Warning Signal , or at any time during a race , that except on a beat to windward , pumping , rocking or heaving to are permitted., as specified in the class rules , by displaying IC flag `O` . This flag will be removed four minutes after the starting signal
- (b) If flag `O` is displayed at a mark by a committee vessel making repetitive sound signals the actions in SI 14.1 (a) are permitted
- (c) If the wind speed subsequently falls to less than 10 knots across the

course after the display of flag `O` the race committee may display IC flag `R` at a rounding mark to indicate that Rule 42 , as changed by the class rules , now applies to a boat after she has passed that mark .

15 Time Limits and Target Times

- 15.1 If no boat has passed Mark 1 within 30 minutes of the start the race may be abandoned
- 15.2 The Target time for a race will be 60 minutes . Failure to meet the target time will not be grounds for redress . This changes Rule 62.1
- 15.3 Boats failing to finish within 20 minutes after the first boat sails and finishes the course will be scored Did Not Finish without a hearing . This changes RRS 35 , A4 & A5 .
- 15.4 The time limit for each race will be 90 minutes.
- 15.5 A race that has been abandoned may be re sailed at the discretion of the race committee . Races will be numbered in the order in which they are completed.

16 Protests & requests for redress

- 16.1 Protest forms will be available at the Race Office (room 4 balcony)
Protests and requests for redress or reopening of a hearing shall be delivered there within the appropriate time limit . The Protest Time Limit is 90 minutes after the last boat has finished , but may be extended at the discretion of the Jury.
- 16.2 Notices will be posted on the Protest Notice Board no later than 30 minutes after expiry of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Jury Room which is near the Race Office on the balcony of the Events Hall .The Protest Notice Board is on the wall near to the Jury Room
- 16.3 Notices or Protests by the race committee or Jury will be posted to inform boats under rule 61.1 (b)
- 16.4 A list of boats that have been penalised for breaking rule 42 will be posted .
- 16.5 Breaches of instructions 17 , 20 , 22 , 23 & 24 will not be grounds for protest by a boat. This changes rule 60.1 (a). Penalties for these breaches may be less than disqualification if the protest committee so decides . Scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI
- 16.6 On the last scheduled day of racing a request for reopening of a hearing shall be delivered:-
 - (a) within the protest time limit if the requesting party was informed of the decision the previous day
 - (b) no later than 30 minutes after the requesting party was informed of the decision on that day . This changes rule 66.
- 16.7 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 min after the decision was posted . This changes rule 62.2

17 Scoring

17.17 races are scheduled . If 5 or more races are completed there shall be one discard.

17.2A minimum of 3 races to be completed to constitute the British Open Championships.

17.3The Low Point Scoring system shall be used.

18 Safety Regulations

18.1A mandatory tally system shall be employed. Each helm will be allocated a number at registration which will be their tally number . Before launching each competitor shall remove the appropriate numbered elastic tally band from a board and wear this on their left wrist at all times whilst afloat . On returning ashore they shall replace the band on the correct hook on the tally board . Failure to tally out , or to return the band correctly , may result in the competitor being removed from the race results.

Competitors shall return the tally band as soon as they come ashore.

18.2A boat that retires from a race shall inform the race committee as soon as possible and before leaving the race area , and shall notify the Race Office at once when coming ashore.

18.3Competitors should at all times comply with any instructions given by Portland Port officials . Portland Harbour is a working port. Support boats shall respect the 6 knot speed limit areas

19 Replacement of crew or equipment

19.1Substitution of helmspersons will not be permitted

19.2Substitution of equipment will not be permitted unless authorised by the race committee. Requests for substitution shall be made in writing to the race committee at the first reasonable opportunity.

20 Equipment and measurement checks

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions . On the water a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection .

21 Advertising

Boats shall display advertising supplied by the organising authority

22 Official boats

22.1The main committee boat will display a large yellow flag on leaving WPNSA and will continue to display this until the Orange Attention signal is displayed to assist boats to find the selected start area .

22.2Jury boats will display a flag with the letter J or the word JURY

23 Support boats

23.1 Support boats shall register at WPNSA reception if they wish to launch and

to remain on WPNSA pontoon berths

23.2 Team leaders , coaches and other support personnel shall stay at least 50 metres outside areas where boats may be racing from the time of the preparatory signal until all boats have finished or retired or the race committee signals a postponement , general recall or abandonment .

23.3 Support boats shall be clearly identifiable to the race committee

23.4 Support boats should be prepared to offer assistance to competing boats in the event of adverse weather if requested to do so by the race committee.

24 Trash disposal

Boats shall not put trash in the water . Trash may be placed upon support and race committee boats at an appropriate time .

25 Haul-out restrictions

There are no haul out restrictions

26 Radio communications

Except in emergency , a boat shall neither make a radio transmission while racing nor receive radio communications whilst racing . This restriction applies to mobile phones and similar devices .

27 Prizes

A list of the prizes to be awarded at this event will be posted on the notice board in the glass conservatory in the Events Hall.

28 Disclaimer of liability

Competitors participate in this event entirely at their own risk . See RRS Fundamental rule 4 Decision to race . The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to , during or after the regatta.

29 Insurance

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £ 2 million or equivalent .

30 Television and media

30.1 Attendance at a media / press conference each day may be required for the top three competitors as well as individual race winners . Suitable notification will be given.

30.2 By participation in the event the competitor automatically grants to the Organising Authority and the sponsors of the event , the right in perpetuity to make , use and show , from time to time and at their discretion , any motion pictures , still pictures and live , taped or film television and other reproductions of him or her during the period of the competition for said

event in which the competitor participated and in all material related to said event without compensation .

31 Chartered or loaned boats

A boat chartered or loaned for the event may carry the national letters or sail number in contravention of her class rules .

NOTE:

The Race Office is situated in Room 4 on the Balcony of the Events Hall

The Official Notice Board is in the glass conservatory in the Events Hall

The Protest Notice Board is on the wall adjacent to the Jury Room which is on the balcony near the Race Office

Social Notices are to be found in the glass conservatory